

RELEASE FROM LIABILITY

The organizer is not responsible for the death, injury or any damage to the health of the participants who declare that they are aware of the risks involved in sea, road traffic, and mountainous environment, have relevant experience and their health status is good and allows them to participate in the race. Also, once it accepts the terms of participation, it accepts that any harm to the health is solely the responsibility of the participant himself and he or any of his relatives are not entitled to any compensation. Each participant is required to carry out a regular medical checkup and to have done the necessary medical check-up in the last six months in order to be able to participate in GREKXHERO. The competitor should also have a medical certificate and present it when requested at the event. The organizer reserves the right not to allow any participant to complete the GREEKXHERO if there is a relevant opinion of the GREEKXHERO physician. The insurance of the athletes' own responsibility.

IN CONSIDERATION OF THE ACCEPTANCE OF MY ENTRY IN THE Greek X Hero Extreme TRIATHLON I AM AWARE OF AND I AGREE AS FOLLOWS:

Competitor:

1. I am aware of the risks and hazards associated with or related to participating in the competition.
2. I will be made aware of the swim water temperature on the race start line. It is possible this will be below the 'normal' permitted range according to the Greek Triathlon Association rules. In this case, it is solely my decision on whether to undertake the swim section and I will not hold the organisers or their agents responsible in any way for any claims that may arise.
3. I have sole responsibility for my personal possessions and athletic equipment during the competition and its related activities.
4. I attest that I am physically fit and can complete the competition.
5. I grant full permission for GreekXHero to use my photographs as part of the event website photo gallery.
6. I will comply with the rules and the regulations of Greek Triathlon Association
7. I confirm that all my race equipment is in good working order and accept that the Race Marshals can remove me from the race if the equipment is suspected to be sub-standard.

8. Doctors and marshals appointed by the organizers may remove a competitor from the race should there be a health or injury risk to the competitor.
9. The cycle route is not closed to traffic. Road traffic regulations must be strictly observed at all times.
10. The use of non legal performance enhancement supplements is forbidden.
11. In the event of a race cancellation due to a storm or other "Act of God" my entry fee will be non- refundable.
12. The organiser retains the right to change the course at any time for safety or logistical reasons.
13. Participation is at the participant's own risk!
14. The participant indemnifies the organization against any claims that may possibly result from participation in the event. The participant also indemnifies Greek X Hero for any and all consequences which may ensue as a result of this participation.

Support:

1. I will drive according to traffic rules and at normal traffic speed. I will never drive directly behind or in front of the biker or runner.
2. The car will always be off the edge of the road.
3. All support will be given from outside of the stationary car and never through a car window.
4. The competitor will not sit in the car at any time during the race, even if the car is parked.
5. I will follow the directions given by the race marshals By submitting this entry, I acknowledge having read, understood and agreed to the above awareness and acknowledgement of risks, terms and conditions and waive and release GreekX Hero and their partners from liability and have executed this agreement voluntarily.

Place Date dd/mm/yyyy

Competitor (please print name clearly)

Competitors signature

Support person (please print name clearly) Support person signature

Support person's mobile phone number on race day, including country code:
